

Join us if you would like to engage with other High Hopes participants and support workers for a community engagement, learning recreational or developing your skills. Spots are limited, so be sure to reserve yours soon! Please note that weekday programs will only run if the required number of participants express interest.

October 2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|---|---|---|---|--|
| | | 1st Dungeons & Dragons Night <ul style="list-style-type: none"> Join us at HHS HQ for an exciting night of D&D. Led by an experienced Dungeon Master. Create your own character and adventure with friends. | 2nd Art & Crafts Sessions <ul style="list-style-type: none"> Join us at HHS HQ for a fun arts and crafts session. 2nd Casey Race Pools <ul style="list-style-type: none"> Swimming and water activities at Casey Race. | 3rd Shrek At Fed Square <ul style="list-style-type: none"> Green-themed outdoor cinema for kids, on the Big Screen. Catch the train into the city. Bring a packed lunch or spending money for food. | 4th Met Art World <ul style="list-style-type: none"> Enjoy art, pop culture, and unforgettable fun. Explore immersive art, a VR theme park, and a games room. Make new friends while having a great time. | 5th Lysterfield Lake Lunch & Walk <ul style="list-style-type: none"> Take a relaxing walk by the lake with friends. Enjoy a lunch in a peaceful setting. Bring your own lunch or snacks. |
| 6th Bingo Night <ul style="list-style-type: none"> Join us for a fun and friendly game of Bingo. Make new friends and enjoy some light competition. Snacks and drinks provided. School Holiday Ends | 7th Arts & Crafts Sessions (seniors) <ul style="list-style-type: none"> Enjoy a relaxed session of creativity and connection. Meet new people while making fun art and crafts. Try something new and express yourself! | 8th Dungeons & Dragons Night <ul style="list-style-type: none"> Join us at HHS HQ for an exciting night of D&D. Led by an experienced Dungeon Master. Create your own character and adventure with friends. | 9th Art & Crafts Sessions <ul style="list-style-type: none"> Join us at HHS HQ for a fun arts and crafts session. 9th Casey Race Pools <ul style="list-style-type: none"> Swimming and water activities at Casey Race. | 10th Get Out & About <ul style="list-style-type: none"> Learn how to use PT & navigate around the city Bring your own lunch or money Walk and explore around the city | 11th Le Mans Mini Golf & Laser Tag <ul style="list-style-type: none"> Enjoy a fun day of mini golf and laser tag at Le Mans. Make new friends and share some laughs. Bring a packed lunch or money for food. | 12th Seaford Beach Walk & Lunch <ul style="list-style-type: none"> Enjoy a relaxing walk along Seaford Beach. Choose a spot to have lunch with friends. Bring a packed lunch or money for food. |
| 13th Social Sips <ul style="list-style-type: none"> Enjoy coffee and lunch at a local café. Make new friends and build confidence. Bring money for purchases. | 14th Cooks Station <ul style="list-style-type: none"> Learn how to cook a meals Learn how to budget whilst preparing shopping lists Take homemade meals home | 15th Dungeons & Dragons Night <ul style="list-style-type: none"> Join us at HHS HQ for an exciting night of D&D. Led by an experienced Dungeon Master. Create your own character and adventure with friends. | 16th Art & Crafts Sessions <ul style="list-style-type: none"> Join us at HHS HQ for a fun arts and crafts session. 16th Casey Race Pools <ul style="list-style-type: none"> Swimming and water activities at Casey Race. Bring a packed lunch or money for food. | 17th The Funky Farm <ul style="list-style-type: none"> Learn, touch, and connect with nature. Enjoy a guided tour and meet animals like emus and wombats. Bring a packed lunch or money for food. | 18th Gumbuya World <ul style="list-style-type: none"> Enjoy a fun-filled day of rides, attractions, and wildlife. Make new friends and share the adventures. Bring a packed lunch or money for food. | 19th Cranbourne Botanical Gardens <ul style="list-style-type: none"> Bring games to play with the group Make friends and enjoy a fun-filled day. Bring a packed lunch or money for food. |
| 20th Trivia Night <ul style="list-style-type: none"> Test your knowledge in a fun night of trivia. Make new friends and enjoy friendly competition. Snacks and drinks provided—feel free to bring your own too! | 21st Arts & Crafts Sessions (seniors) <ul style="list-style-type: none"> Enjoy a relaxed session of creativity and connection. Meet new people while making fun art and crafts. Try something new and express yourself! | 22nd Dungeons & Dragons Night <ul style="list-style-type: none"> Join us at HHS HQ for an exciting night of D&D. Led by an experienced Dungeon Master. Create your own character and adventure with friends. | 23rd Art & Crafts Sessions <ul style="list-style-type: none"> Join us at HHS HQ for a fun arts and crafts session. 23rd Casey Race Pools <ul style="list-style-type: none"> Swimming and water activities at Casey Race. Bring a packed lunch or money for food. | 24th Friday Night Movies <ul style="list-style-type: none"> Join us at Reading Cinemas for a movie night. Choose the film together with the group. Make new friends and enjoy the evening. Bring a packed dinner or money for food. | 25th Healesville Sanctuary <ul style="list-style-type: none"> Spend the day exploring Healesville Sanctuary. See and learn about Australia's unique wildlife. Bring a packed lunch or money for food. | 26th Frankston Beach Walk & Lunch <ul style="list-style-type: none"> Enjoy a relaxing walk along Seaford Beach. Choose a spot to have lunch with friends. Bring a packed lunch or money for food. |
| 27th Social Sips <ul style="list-style-type: none"> Enjoy coffee and lunch at a local café. Make new friends and build confidence. Bring money for purchases. | 28th Adaptive Ballers <ul style="list-style-type: none"> Test your skills and compete in friendly games. Meet new friends and build both fitness and skills. | 29th Dungeons & Dragons Night <ul style="list-style-type: none"> Join us at HHS HQ for an exciting night of D&D. Led by an experienced Dungeon Master. Create your own character and adventure with friends. | 30th Art & Crafts Sessions <ul style="list-style-type: none"> Join us at HHS HQ for a fun arts and crafts session. 30th Casey Race Pools <ul style="list-style-type: none"> Swimming and water activities at Casey Race. Bring a packed lunch or money for food. | 31st Trick or Treat (Halloween) <ul style="list-style-type: none"> Join us for Trick or treat Night Wear your best costumes and bring your sweet bags Engage in the community and meet new people | | |

Our Workshops and Outings Focus on Building Skills Like:

Building Social Skills
 Building Meaningful Friendships
 Building Independence
 Building Physical Fitness and Coordination



REGISTERED
NDIS
PROVIDER

Contact Us!

1300 556 007

hello@highhopeservices.com.au
www.highhopeservices.com.au

Ticketed