

May 2026

Join us if you would like to engage with other High Hopes participants and support workers for a community engagement, learning recreational or developing your skills. Spots are limited, so be sure to reserve yours soon! Please note that weekday programs will only run if the required number of participants express interest.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1. Friendship Friday: Cafe Chats + Conversation Skills	2. Bubble Planet: An Immersive Experience	3. Community Walk + Photo Scavenger Hunt
4. Move Monday: Walk + Mobility Goals	5. Casey Race Pools (After-School) Try-It Tuesday: Cooking & Budget Skills	6. Dungeons & Dragons Night (After-School) Give-Back Wednesday: Volunteering	7. Casey Race Pools (After-School) Skill-Up Thursday: Planning & Travel Training Workshop	8. Friendship Friday: Cafe Chats + Conversation Skills	9. Big Saturday: Movies (ticketed) + Social Skills	10. Community Walk + Photo Scavenger Hunt
11. Move Monday: Walk + Mobility Goals	12. Casey Race Pools (After-School) Try-It Tuesday: Cooking & Budget Skills	13. Dungeons & Dragons Night (After-School) Give-Back Wednesday: Volunteering	14. Casey Race Pools (After-School) Skill-Up Thursday: Planning & Travel Training Workshop	15. Friendship Friday: Cafe Chats + Conversation Skills	16. Big Saturday: Mini-Golf + Confidence	17. Community Walk + Photo Scavenger Hunt
18. Move Monday: Walk + Mobility Goals	19. Casey Race Pools (After-School) Try-It Tuesday: Cooking & Budget Skills	20. Dungeons & Dragons Night (After-School) Give-Back Wednesday: Volunteering	21. Casey Race Pools (After-School) Skill-Up Thursday: Planning & Travel Training Workshop	22. Friendship Friday: Cafe Chats + Conversation Skills	23. Big Saturday: Melbourne Museum (ticketed) + Wayfinding	24. Community Walk + Photo Scavenger Hunt
25. Move Monday: Walk + Mobility Goals	26. Casey Race Pools (After-School) Try-It Tuesday: Cooking & Budget Skills	27. Dungeons & Dragons Night (After-School) Give-Back Wednesday: Volunteering	28. Casey Race Pools (After-School) Skill-Up Thursday: Planning & Travel Training Workshop	29. Friendship Friday: Cafe Chats + Conversation Skills	30. Celebration Saturday: Community Showcase + BBQ	31. Community Walk + Photo Scavenger Hunt

Our Workshops and Outings Focus on Building Skills Like:

- Building Social Skills
- Building Meaningful Friendships
- Building Independence
- Building Physical Fitness and Coordination



REGISTERED
NDIS
PROVIDER

Contact Us!
1300 556 007
hello@highhopesservices.com.au
www.highhopesservices.com.au

Weekly

Tickets