

Join us if you would like to engage with other High Hopes participants and support workers for a community engagement, learning recreational or developing your skills. Pots are limited, so be sure to reserve yours soon! Please note that weekday programs will only run if the required number of participants express interest.

# February 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1st - Dandenong Market + Casual Park Time (Visit Dandenong Market and unwind at a nearby park while enjoying social connection and light activity.)
2nd - Cranbourne Gardens – Nature Walk + Picnic + Simple Games (After-School) (Nature walk at Cranbourne Gardens followed by a picnic and games, supporting light activity and social engagement.)	3rd - Outdoor Fruit Salad Workshop – Casey Fields (After-School) (Fruit salad workshop at Casey Fields, supporting life skills, social interaction, and healthy eating.)	4th - Dungeons & Dragons Night (After-School) (Participants will join Dungeons & Dragons, creating characters and building teamwork and imagination.)	5th - Casey Race Pools (After-School) (Participants will enjoy swimming, building fitness and confidence.) <b>All Abilities Basketball</b> (Participants will enjoy basketball, building skills and confidence.)	6th - Arts & Crafts Day – Painting, Tie-Dye, Creative Expression (After-School) (Take part in an Arts & Crafts Day featuring painting and tie-dye in a relaxed, social setting.)	7th - Moonlit Sanctuary Wildlife Park – Explore, Feed Animals, Learn About Wildlife (Enjoy a visit to Moonlit Sanctuary, exploring and feeding animals while learning about native wildlife.)	8th - Community Park Fun – All Abilities Day, Ballam Park (Spend a relaxed outdoor day at Ballam Park with inclusive games, accessible paths, and creative activities.)
9th - Oz Tenpin Bowling – Strike & Fun Experience (Accessible tenpin bowling session, supporting confidence and social engagement.)	10th - Sk8house Rollerblading & Roller Skating – Roll, Glide & Fun (Take part in roller skating and rollerblading at Sk8house, offering a fun and inclusive indoor experience.)	11th - Dungeons & Dragons Night (After-School) (Participants will join Dungeons & Dragons, creating characters and building teamwork and imagination.)	12th - Casey Race Pools (After-School) (Participants will enjoy swimming, building fitness and confidence.) <b>All Abilities Basketball</b> (Participants will enjoy basketball, building skills and confidence.)	13th - Planting Pots Program – After School (February Series) (Participants will plan, budget, and shop for a planting pots project, building independence and practical skills.)	14th - Enchanted Adventure – Mazes, Slides, Outdoor Fun (Participants will enjoy Enchanted Adventure, building teamwork, social skills, and confidence.)	15th - Serbian Cultural Festival (Participants will attend the Serbian Cultural Festival, enjoying food, music, dance, and community connection.)
16th - Supermarket Scavenger Hunt – Life Skills & Fun (Participants will join a guided supermarket scavenger hunt to build independence, decision-making, communication, and budgeting skills.)	17th - Movie Outing – Popcorn & Fun at Reading Cinemas (Participants will enjoy an inclusive movie experience at Reading Cinemas Dandenong.)	18th - Dungeons & Dragons Night (After-School) (Participants will join Dungeons & Dragons, creating characters and building teamwork and imagination.)	19th - Casey Race Pools (After-School) (Participants will enjoy swimming, building fitness and confidence.) <b>All Abilities Basketball</b> (Participants will enjoy basketball, building skills and confidence.)	20th - Planting Pots Program – After School (February Series) (Participants will paint and decorate planting pots, fostering creativity, fine motor skills, and social engagement.)	21st - Aqua Fun Park Adventure + Lunch (Bus Activity) (Participants will enjoy Aqua Fun Park activities, building physical skills, confidence, and social connections.)	22nd - Frankston Beach – Beach Adventure & Exploration (Participants will enjoy a fun day at Frankston Beach, with beach activities and social time.)
23rd - Public Transport Travel Training (Participants will build confidence and independence using public transport through guided travel and practical skills.)	24th - Library Quest & Reading Challenge (Participants will take part in a Library Quest, exploring books and resources to build literacy, curiosity, and social skills.)	25th - Dungeons & Dragons Night (After-School) (Participants will join Dungeons & Dragons, creating characters and building teamwork and imagination.)	26th - Casey Race Pools (After-School) (Participants will enjoy swimming, building fitness and confidence.) <b>All Abilities Basketball</b> (Participants will enjoy basketball, building skills and confidence.)	27th - Planting Pots Program – After School (February Series) (Participants will plant and care for their pots, building responsibility, independence, and confidence.)	28th - RDA Victoria Horse Riding Experience + Lunch (Bus Activity) (Participants will enjoy horse riding at RDA Victoria, building confidence, coordination, and social skills.)	

Our Workshops and Outings Focus on Building Skills Like:

Building Social Skills  
Building Meaningful Friendships  
Building Independence  
Building Physical Fitness and Coordination



REGISTERED  
NDIS  
PROVIDER

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Weekly

Ticketed