

Join us if you would like to engage with other High Hopes participants and support workers for a community engagement, learning recreational or developing your skills. Spots are limited, so be sure to reserve yours soon! Please note that weekday programs will only run if the required number of participants express interest.

# March 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1st - Community Park Fun – All Abilities Day, Ballam Park (Spend a relaxed outdoor day at Ballam Park with inclusive games, accessible paths, and creative activities.)
2nd - Cranbourne Gardens – Nature Walk + Picnic + Simple Games (After-School) (Nature walk at Cranbourne Gardens followed by a picnic and games, supporting light activity and social engagement.)	3rd - Casey Race Pools (After-School) (Participants will enjoy swimming, Oz Tenpin Bowling – Strike & Fun Experience (Accessible tenpin bowling session.)	4th - Dungeons & Dragons Night (After-School) (Participants will join Dungeons & Dragons, creating characters and building teamwork and imagination.)	5th - Casey Race Pools (After-School) (Participants will enjoy swimming, All Abilities Basketball (Participants will enjoy basketball, building skills and confidence.)	6th - Herring Island Environmental Sculpture Park (Community Outing) (Free public punt to Herring Island for nature walks, environmental sculptures, and a relaxed outdoor experience.)	7th - Moomba Festival (Community Outing) (Attend the Moomba Festival and enjoy rides, live entertainment, games and community activities in a fun, vibrant public setting.)	8th - Frankston Beach – Beach Adventure & Exploration (Participants will enjoy a fun day at Frankston Beach, with beach activities and social time.)
9th - Public Holiday (Labour Day)	10th - Casey Race Pools (After-School) (Participants will enjoy swimming, Flip Out (Trampoline and parkour activity focused on fun, movement.)	11th - Dungeons & Dragons Night (After-School) (Participants will join Dungeons & Dragons, creating characters and building teamwork and imagination.)	12th - Casey Race Pools (After-School) (Participants will enjoy swimming, All Abilities Basketball (Participants will enjoy basketball, building skills and confidence.)	13th - Arts & Crafts Day – Painting, Tie-Dye, Creative Expression (After-School) (Take part in an Arts & Crafts Day featuring painting and tie-dye in a relaxed, social setting.)	14th - The Game Expo (TGX) 2026 – Melbourne (Enjoy a day at The Game Expo focused on gaming, creativity, and community participation.)	15th - Shopping Centre Outing (Community outing focused on independence, decision-making, and social engagement.)
16th - Get Out & About – City (Community outing focused on exploring the city, building independence, confidence, and social engagement.)	17th - Casey Race Pools (After-School) (Participants will enjoy swimming, Movie Outing – Popcorn & Fun at Reading Cinemas (Participants will enjoy an inclusive movie experience at Reading Cinemas Dandenong.)	18th - Dungeons & Dragons Night (After-School) (Participants will join Dungeons & Dragons, creating characters and building teamwork and imagination.)	19th - Casey Race Pools (After-School) (Participants will enjoy swimming, All Abilities Basketball (Participants will enjoy basketball, building skills and confidence.)	20th - Arts & Crafts Day – Painting, Tie-Dye, Creative Expression (After-School) (Take part in an Arts & Crafts Day featuring painting and tie-dye in a relaxed, social setting.)	21st - Casey Kids Carnival (Community Outing) (Enjoy rides, games, live entertainment, arts & crafts and animal encounters at the Casey Kids Carnival.)	22nd - Sunday – Nature Walk & Photography (Free outdoor activity focused on mindfulness, observation, and social connection.)
23rd - Bayside Rock Climbing (Indoor climbing activity focused on confidence building, physical challenge, and positive social interaction. Bring a packed lunch or money for food.)	24rd - Casey Race Pools (After-School) (Participants will enjoy swimming, Library Quest & Reading Challenge (Participants will take part in a Library Quest.)	25h - Dungeons & Dragons Night (After-School) (Participants will join Dungeons & Dragons, creating characters and building teamwork and imagination.)	26th - Casey Race Pools (After-School) (Participants will enjoy swimming, All Abilities Basketball (Participants will enjoy basketball, building skills and confidence.)	27th - Arts & Crafts Day – Painting, Tie-Dye, Creative Expression (After-School) (Take part in an Arts & Crafts Day featuring painting and tie-dye in a relaxed, social setting.)	28th - Puffing Billy Railway Experience (Heritage steam train journey through the Dandenong Ranges, focused on sightseeing, relaxation, and shared community experience.)	29th - St Kilda Beach – Beach Adventure & Exploration (Community beach outing focused on light activities, social connection, and building confidence, independence, and wellbeing.)
30th Nature Walk & Café Social (A relaxing stroll, unwinding outdoors, followed by a cozy treat and conversation at a local café.)	31st - Casey Race Pools (After-School) (Participants will enjoy swimming, Mini Golf Outing (Light physical activity, confidence building, and friendly competition.)					

Our Workshops and Outings Focus on Building Skills Like:

- Building Social Skills
- Building Meaningful Friendships
- Building Independence
- Building Physical Fitness and Coordination



REGISTERED  
NDIS  
PROVIDER

Contact Us!  
1300 556 007  
hello@highhopeservices.com.au  
www.highhopeservices.com.au

Weekly

Ticketed