



REGISTERED
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PROVIDER

ACTIVITY GUIDE
MAY 2025



Scienceworks

Activity: Scienceworks

Date: Saturday, 3rd of May 2025

Time: 10AM - 4PM

Meeting Point: Cranbourne West Community Hub (CWCH) – 4 Flicka Blvd, Cranbourne West VIC 3977

Description: Join us for an exciting day at Scienceworks – one of Melbourne's most popular hands-on museums, perfect for curious minds of all ages!

After meeting at CWCH, we'll hop on the bus and head off to Scienceworks, where participants will get to explore a variety of interactive exhibitions that bring science, technology and innovation to life.

What to Expect:

- Explore interactive exhibitions
- Experience the Lightning Room
- Visit the Planetarium
- Engage in group discovery

What to Bring:

Comfortable walking shoes

Water bottle

Hat & sunscreen (weather dependent)

Packed lunch or spending money for food

Companion Card (if applicable)

This day is designed to support our participants in:

Building independence

Developing confidence in public spaces

Practicing teamwork and social interaction

Expanding their curiosity and learning



Lego Star Wars Exhibition

Activity: LEGO® Star Wars Exhibition – Melbourne Museum

Date: Saturday, 10th of May 2025

Time: 10AM - 4PM

Meeting Point: Cranbourne Station (Station St, Cranbourne VIC 3977)

Description: Calling all Jedi and LEGO® lovers! Join us for a journey to the LEGO® Star Wars Exhibition at the Melbourne Museum – a galaxy of creativity and imagination awaits!

We will meet at Cranbourne Station, and then travel together by train into the city. Once we arrive at the museum, we'll dive straight into the epic world of LEGO® Star Wars.

What to Expect:

- Marvel at iconic scenes, gargantuan spaceships, and stunning LEGO® landscapes
- Explore creations built with over 8 million LEGO® bricks, taking more than 25,000 hours to complete
- Enjoy a day filled with photo opportunities, discovery, and Star Wars nostalgia
- A great chance for participants to socialise, explore, and build confidence in a public setting

What to Bring:

- Comfortable walking shoes
- Hat or umbrella (weather-dependent)
- Water bottle
- Companion Card (if applicable)
- Myki Card with sufficient funds
- Packed lunch or spending money for food

This day is designed to support our participants in:

Building independence and navigating the city
Practicing money handling and travel planning
Engaging with others and building friendships
Experiencing large-scale exhibitions and creative storytelling

This is a high-demand experience and places are limited – **RSVP early** to avoid missing out!
To secure a spot, please speak with your **Relationship Manager** or call us at **1300 556 007**.



SEA LIFE Melbourne



Activity: SEA LIFE Melbourne – Underwater Discovery Day

Date: Saturday, 17th May 2025

Time: 10AM - 4PM

Meeting Point: Cranbourne Station (Station St, Cranbourne VIC 3977)

Description: Get ready for an underwater adventure! Join us as we explore the magical world beneath the surface at SEA LIFE Melbourne Aquarium.

We'll meet at Cranbourne Station and travel together by train into the city. After a short walk from Flinders Street, we'll arrive at SEA LIFE, where participants will dive into a day of discovery and awe-inspiring encounters with marine life.

What to Expect:

- Walk through glass ocean tunnels and see sharks, stingrays, and turtles swimming above you
- Say hello to playful penguins in their icy habitat
- Get up close and personal with colourful tropical fish, seahorses, and jellyfish
- Enjoy amazing photo opportunities and fun facts along the way

What to Bring:

- Comfortable walking shoes
- Hat or umbrella (weather-dependent)
- Water bottle
- Packed lunch or spending money for food
- Companion Card (if applicable)
- Myki Card with sufficient funds

This day is designed to support our participants in:

Build independence and confidence in public settings

Navigate public transport and the city

Engage socially with others and make new friends

Experience and learn about the natural world in an exciting, interactive way

RSVP early to avoid missing out! To secure a spot, please speak with your **Relationship Manager** or call us at **1300 556 007**.



SEA LIFE Melbourne



Activity: Saboteurs –Real Life Among Us Game at The District

Date: Saturday, 31st May 2025

Time: 11:00 AM – 3:00 PM

Meeting Point: Shop 2/101 Waterfront Way, Docklands, Melbourne VIC 3008

Transport: Support Worker Transport

Description: Step into a real-life space station and get ready to test your deception, teamwork, and strategy skills in this thrilling Among Us-style adventure!

Participants will be split into teams of Crewmates and Impostors inside a space-themed arena. The Crewmates will race to complete tasks in areas like O2, Security, Habitat, and Fuel, while the Impostors will secretly sabotage the mission and eliminate teammates.

What to Expect:

- Complete real-world challenges and tasks on a Moon base
- Use deductive reasoning during emergency meetings to find the Impostors
- Stay alert and protect your team – or quietly take them out if you're the Impostor!
- Work together, build alliances, and experience the fun of live-action strategy gaming

What to Bring:

- Comfortable, closed-toe shoes for active movement
- Water bottle
- Hat or umbrella (weather-dependent if walking outdoors)
- Packed lunch or spending money for food at Docklands
- Companion Card (if applicable)

This day is designed to support our participants in:

Building confidence and leadership through gameplay
Developing communication and problem-solving skills
Working as a team and forming social connections
Engaging in high-energy, creative community-based fun

RSVP early to avoid missing out! To secure a spot, please speak with your **Relationship Manager** or call us at **1300 556 007**.



Art Workshop

Activity: Art Workshop

Date: Every Thursday (except public holidays)

Time: 11AM – 2PM

Description: Join us every Thursday at Ercildoune Homestead in Cranbourne West for a fun and inspiring art workshop! Our talented facilitator will help you explore your creativity through painting, clay sculpting, and other hands-on art activities. Whether you're looking to express yourself, meet new friends, or just relax and enjoy the process, this workshop is for you!

What to Expect:

- Discover your artistic side through painting, sculpting & more
- Build confidence & social skills in a friendly, welcoming environment
- Showcase your work at our annual art market stall
- Enjoy snacks & refreshments while you create

What to Bring:

Clothes you don't mind getting messy

Packed lunch (optional)

Your creative energy & enthusiasm

This day is designed to support our participants in:

Develop confidence in expressing ideas through art

Meet new people and collaborate on creative projects

Improve hand coordination and concentration through detailed artwork

Plan and execute your artwork with creative choices

Be part of a supportive creative community and share your work

Learn how to price and sell your artwork at the market stall



Get Out & About

Activity: Get Out & About

Date: Friday, 2nd May 2025

Time: 10AM – 3PM

Description: Join us for a day of exploration and skill-building in the city! Participants will meet at Cranbourne Station and travel by train to the city, where they will work together as a group to decide on places to visit, what to see, and where to eat lunch. This program is designed to enhance independence, social confidence, and real-world decision-making skills while enjoying a fun-filled city adventure.

What to Expect:

- Learn how to use public transport by catching the train and navigating the city
- Plan your own adventure by choosing places to visit as a group
- Decide where to eat lunch and manage spending money
- Make new friends & develop social skills in a real-world setting

What to Bring:

- Comfortable walking shoes
- Hat or umbrella (weather-dependent)
- Water bottle
- Packed lunch or spending money for food
- Companion Card (if applicable)
- Myki Card with sufficient funds

This day is designed to support our participants in:

Gain confidence using public transport and navigating the city
Work as a group to plan the day and make choices
Practice managing money for transport, food, and activities
Engage with others in a fun, community-based setting
Experience different areas of the city and interact with new



Sri Lankan Festival

Activity: Sri Lankan Festival – Food, Culture & Community at Queen Victoria Market

Date: Sunday, 3rd May 2025

Time: 11:00 AM – 2:00 PM

Meeting Point: Queen Victoria Market – Queen St, Melbourne VIC 3000

Transport: Support Worker Transport

Description: Get ready for a vibrant celebration of Sinhala and Tamil culture at this year's Sri Lankan Festival! Set in the heart of Melbourne at Queen Victoria Market, this free event is packed with delicious food, cultural performances, music, and community spirit.

What to Expect:

- Taste authentic Sri Lankan cuisine
- Be mesmerised by traditional cultural performances and dance
- Enjoy live music by talented Sri Lankan musicians
- A warm and welcoming environment perfect for connecting with community and making memories

What to Bring:

- Comfortable walking shoes
- Hat or umbrella (weather-dependent)
- Water bottle
- Packed lunch or spending money for food

This day is designed to support our participants in:

Engaging with cultural diversity and community celebration

Building confidence in busy public settings

Making social connections and friendships

Practicing decision-making (choosing food, activities, and exploring stalls)



South Melbourne Market

Activity: South Melbourne Market – Cultural Flavours & Local Finds

Date: Monday, 4th May 2025

Time: 11:00 AM – 2:00 PM

Meeting Point: South Melbourne Market – Corner of Coventry & Cecil Streets, South Melbourne VIC 3205

Transport: Support Worker Transport

Description: Join us for a sensory and social adventure at the iconic South Melbourne Market – a place where flavours from around the world meet local creativity and culture.

Together we'll explore the vibrant laneways of the market, discovering unique stalls filled with food, spices, gifts, and handmade goods. This outing is all about learning through experience, whether it's sampling international cuisines, chatting with local traders, or finding a special souvenir to take home.

What to Expect:

- Learn about different cultures through food and conversation
- Explore a variety of stalls with locally made products and international flavours
- Enjoy lunch as a group at one of the market's many food vendors
- A chance to connect with peers and practice independence in a supported community setting

What to Bring:

- Comfortable walking shoes
- Hat or umbrella (weather-dependent)
- Water bottle
- Packed lunch or spending money for food

This day is designed to support our participants in:

Exploring cultural diversity and new experiences
Building confidence in public spaces
Practicing social interaction and decision-making
Strengthening friendships in a relaxed group setting



Escape Room/Mini golf

Activity: Archie Brothers Social Night – Escape Room & Mini Golf

Date: Friday, 9th May 2025

Time: 5:00 PM – 8:00 PM

Meeting Point: Archie Brothers – Chadstone Shopping Centre

Transport: Support Worker Transport

Description: Get ready for a night of puzzles, laughs, and social fun at Archie Brothers in Chadstone! This activity is perfect for participants looking to unwind, connect with friends, and challenge themselves in a creative and playful way.

What to Expect:

- Escape Room experience – working as a team to solve clues and beat the clock.
- Mini Golf - with colourful and quirky holes to test your skills.
- Enjoy lunch as a group at one of the market's many food vendors
- After the games, the group will decide where to have dinner together inside Chadstone, followed by optional arcade time for those who want to keep the fun going!

What to Bring:

- Comfortable, closed-toe shoes
- Spending money for food or arcade games
- Water bottle
- Companion Card (if applicable)

This day is designed to support our participants in:

Developing teamwork and communication skills

Building social confidence and decision-making

Strengthening friendships in a fun, inclusive setting

Practicing independence in a lively community space

RSVP early to avoid missing out! To secure a spot, please speak with your **Relationship Manager** or call us at **1300 556 007**.



MechaFest

Activity: MechaFest at ACMI – Anime, Robots & Pop Culture Fun

Date: Sunday, 11th May 2025

Time: 10:00 AM – 4:00 PM

Meeting Point: Cranbourne Station (Station St, Cranbourne VIC 3977)

Transport: Train to Flinders Street, followed by a short walk to ACMI (Fed Square)

Description: Calling all anime and mecha fans! Join us for a day at MechaFest, a celebration of all things robots, pop culture, and anime at the ACMI in Melbourne.

From cosplay to classic anime screenings, trivia, and live panels, this event is packed with excitement for every kind of fan. Whether you're a seasoned anime lover or just curious, this outing is a great chance to enjoy something new and social with friends.

What to Expect:

- Dress up or admire costumes in the cosplay runway
- Sit in on a live recording of the Gateway to Anime podcast
- Watch classic anime films and series on the big screen
- Test your knowledge at the anime trivia challenge

What to Bring:

- Comfortable, closed-toe shoes
- Spending money for food or arcade games
- Water bottle
- Companion Card (if applicable)
- Myki Card with sufficient funds
- Packed lunch or spending money for food

This day is designed to support our participants in:

Exploring personal interests and pop culture

Socialising with others in a vibrant, inclusive setting

Building confidence in navigating the city and large public events

Making decisions about what to explore and who to engage with



Street Art Exhibition

Activity: Outsiders Street Art Exhibition – City Exploration & Urban Art

Date: Friday, 16th May 2025

Time: 10:00 AM – 3:00 PM

Meeting Point: Cranbourne Station (Station St, Cranbourne VIC 3977)

Transport: Train to Flinders Street Station, followed by a short walk to Hosier Lane

Description: Join us for a creative day out in the city as we head to Hosier Lane to experience the Outsiders Street Art Exhibition – a showcase of powerful, expressive street art that reflects voices from the margins and celebrates urban creativity.

After meeting at Cranbourne Station, we'll travel together by train into the city. Once we arrive, we'll take a short walk to Hosier Lane, one of Melbourne's most famous street art laneways, to explore the exhibition and surrounding artworks.

What to Expect:

- View vibrant murals and powerful messages from emerging and established street artists
- Take photos and discuss the meaning behind the artworks
- Learn about street art as a form of cultural expression and social commentary
- Socialise, explore, and enjoy a day of urban discovery

What to Bring:

- Comfortable walking shoes
- Water bottle
- Hat or umbrella (weather-dependent)
- Packed lunch or spending money for food
- Companion Card (if applicable)
- Myki Card with sufficient funds

This day is designed to support our participants in:

- Engaging with arts and culture in the community
- Building social confidence and communication skills
- Practising independent travel and city navigation
- Developing an appreciation for creative expression and alternative perspectives



Beach walk & Lunch

Activity: Frankston Beach Walk & Lunch – Relax, Connect, Explore

Date: Sunday, 18th May 2025

Time: 12:00 PM – 3:00 PM

Meeting Point: Frankston Beach Pier

Transport: Support Worker Transport

Description: Join us for a peaceful afternoon at the beautiful Frankston Beach. We'll take a relaxing walk along the coastline, enjoy the fresh sea breeze, take some photos, and engage with the local community. After our walk, participants will work together to choose a local spot for lunch and enjoy a casual meal as a group – a perfect opportunity to connect, unwind, and build friendships in a low-pressure, supportive environment.

What to Expect:

- A calming walk along the beach with photo stops
- Meaningful conversations and social connection
- Group lunch at a local café or food spot (participant choice)
- Time to enjoy nature, community, and shared experiences

What to Bring:

- Comfortable walking shoes
- Hat and weather-appropriate clothing
- Water bottle
- Spending money for lunch
- Companion Card (if applicable)

This day is designed to support our participants in:

Building social confidence and friendships
Engaging in community participation
Practising decision-making and independence
Focusing on wellbeing and mindfulness



Rock Climbing

Activity: Bayside Rock Climbing – Reach New Heights

Date: Monday, 19th May 2025

Time: 11:00 PM – 2:00 PM

Meeting Point: Bayside Rock Climbing – 9 Network Dr, Carrum Downs VIC 3201

Transport: Support Worker Transport

Description: Get ready to climb, stretch, and challenge yourself at Bayside Rock Climbing! This exciting outing is all about building confidence, physical strength, and having fun in a supportive group environment.

With both kids and adult walls available, participants can choose the challenge that suits them best – whether you're climbing for the first time or reaching for new personal goals.

What to Expect:

- Indoor rock climbing with various wall heights and difficulty levels
- A safe and supportive environment to challenge yourself
- Guided instruction and equipment provided
- A great chance to socialise and support one another

What to Bring:

- Comfortable, closed-toe active shoes
- Water bottle
- Hat (for outside, optional)
- Packed lunch or spending money for snacks/food
- Companion Card (if applicable)

This day is designed to support our participants in:

Improving physical fitness and coordination
Building confidence and resilience
Practising decision-making and goal setting
Strengthening social skills and teamwork



Paint a Pot

Activity: Paint a Pot – Creative Ceramic Painting

Date: Friday, 30th May 2025

Time: 11:00 PM – 2:00 PM

Meeting Point: Paint a Pot – 4/9-11 Vesper Dr, Narre Warren VIC 3805

Transport: Support Worker Transport

Description: Let your creativity shine at Paint a Pot in Narre Warren! Participants will have the opportunity to choose from a variety of pots and ceramic pieces, then bring them to life with their own designs, colours, and imagination.

Whether you want to paint something bright and bold or soft and simple, it's all up to you – this is a relaxed and fun way to express yourself through art.

What to Expect:

- Choose your own ceramic pot or piece
- Paint and decorate it in your own style
- A calm and supportive environment to create and connect
- Socialise with others while sharing ideas and techniques

What to Bring:

- Comfortable walking shoes
- Water bottle
- Packed lunch or spending money for food/snacks
- Companion Card (if applicable)

This day is designed to support our participants in:

- Exploring creative expression
- Building social confidence and making new friends
- Developing fine motor skills and focus
- Enjoying a relaxing, mindful experience

To reserve your place, contact your **Relationship Manager** or call **1300 556 007**.



Social Sips

Activity: Social Sips – Coffee, Lunch & Connection

Date: Every Fortnight (Check Calendar for Dates)

Time: 12:00PM – 2:00PM

Meeting Point: Coffee Bean – Strathlea Dr, Cranbourne West VIC 3977

Transport: Support Worker Transport

Description: Social Sips is all about slowing down, grabbing a coffee or bite to eat, and enjoying good conversation with great people. This is a relaxed and casual group activity focused on social connection and community interaction.

Participants will meet at the local café, order their own food or drink, and sit together for lunch and conversation. It's a great opportunity to practise independence, develop social confidence, and build friendships in a supported setting.

What to Expect:

- Casual café setting with lunch and drinks
- One-on-one and group conversations
- Social skill-building through real-world interaction
- An encouraging environment to meet new friends

What to Bring:

- Comfortable shoes
- Spending money for lunch and coffee
- Water bottle

This day is designed to support our participants in:

Practising money handling and decision-making

Building confidence and communication

Strengthening social and community participation

Enjoying downtime in a relaxed, inclusive group



High Hopes Movie Night

Activity: High Hopes Movie Night – Relax, Watch & Connect

Date: Every Fortnight (Check Calendar for Dates)

Time: 5:00PM – 7:30PM

Meeting Point: High Hopes HQ – 1/204 Sladen Street, Cranbourne

Transport: Support Worker Transport

Description: Get comfy and settle in for a magical movie night at High Hopes HQ! Every fortnight, we'll gather to watch a movie or series, starting with the iconic Harry Potter films. Participants are encouraged to bring along their own pillows, blankets, and snacks to create a cosy, cinema-style experience while enjoying time with friends in a safe and welcoming space.

What to Expect:

- Screening of a movie or series (starting with Harry Potter)
- A relaxed, social environment
- Opportunities to make new friends, chat, and enjoy the evening together

What to Bring:

- Water bottle or drinks
- Pillow and blanket (optional but encouraged)
- Your own snacks or refreshments

This day is designed to support our participants in:

Building social connections and inclusion
Developing confidence through group interaction
Practising respect and engagement in shared spaces
Having fun in a low-pressure, enjoyable setting

To join our next Movie Night, contact your **Relationship Manager** or call **1300 556 007**.



Adaptive Ballers

Activity: Adaptive Ballers

Date: Every Fortnight (check calendar for dates)

Time: After School - Between 4PM & 6PM

Meeting Point: Casey Stadium, 65 Berwick-Cranbourne Rd, Cranbourne VIC 3977

Transport: Support Workers

Description: Join us for a fun and active day of basketball at Cranbourne Leisure Centre! Get ready for friendly competitions, skill-building drills, and a chance to play alongside support workers and friends. Whether you're a seasoned player or just looking to have fun, this session is designed to boost confidence, improve fitness, and build connections in a supportive environment.

What to Expect:

- Fun basketball games and challenges
- A friendly match with support workers
- Prizes to be won throughout the session
- Social time and connection with peers
- Snacks and refreshments provided

What to Bring:

- Runners or active shoes
- Water bottle
- Hat (optional, if outdoors)
- Packed lunch or spending money for food (if needed)
- Companion Card (if applicable)

This day is designed to support our participants in:

Building physical confidence and fitness
Developing teamwork and social interaction
Strengthening friendships through shared fun
Promoting inclusion, activity, and wellbeing



Cook's Station

Activity: Cook's Station

Date: Every Fortnight (check calendar for dates)

Time: After School - Between 4PM & 6PM

Meeting Point: Cranbourne West Community Hub

Transport: Support Worker

Description: Join us for a hands-on cooking experience at Cranbourne West Community Hub's commercial kitchen! In our Cooks Station program, you'll learn how to budget, prepare shopping lists, and cook delicious meals together as a group. Each session is a chance to explore new recipes, build confidence in the kitchen, and share great food with friends. Best of all, you get to take home the meals you cook!

What to Expect:

- Plan & budget for meals by creating a shopping list together
- Learn essential cooking skills and prepare meals step by step
- Explore new cuisines and discover different cultural dishes
- Work together as a team to create and enjoy delicious food
- Take home your cooked meals to share or enjoy later

What to Bring:

Closed-toe shoes for safety in the kitchen

Water bottle to stay hydrated

Food containers to take home your meals

Outcomes:

Learn how to cook, plan meals, and manage food preparation

Practise creating shopping lists and making cost-effective choices

Make group decisions on what to cook and problem-solve during meal prep

Explore diverse foods and cuisines from different backgrounds

Collaborate with others in a fun, interactive setting



Casey Race Pools

Activity: Casey Race Pools (After School Program)

Date: Every Thursday (except public holidays)

Time: After School - Between 4PM & 6PM

Meeting Point: Casey Race Pools, 65 Berwick-Cranbourne Rd, Cranbourne East VIC 3977

Transport: Support worker

Description: Join us for a fun-filled day of swimming and relaxation at Casey Race Pools! Whether you want to show off your swimming skills, slide down the water slide, or unwind in the spa, this session is designed for fitness, fun, and friendship.

This program encourages participants to build social confidence, develop independence, stay active, and engage with the community in an enjoyable and inclusive setting.

What to Expect:

- Swim, splash & enjoy the water slides in a supportive environment
- Make new friends & develop social skills while having fun
- Improve confidence & independence in and around the water
- Stay active & build fitness while enjoying the pool facilities

What to Bring:

Swimwear & slides for easy movement around the pool area

Packed lunch or spending money for food

Water bottle to stay hydrated

Companion Card (if you have one)

Outcomes:

Social Confidence & Making Friendships – Interact with peers and enjoy a shared group activity

Practise self-care and manage personal belongings

Explore a public recreational facility and engage with others

Stay active through swimming, water play, and movement

Choose activities, navigate the pool area, and plan personal

RSVP Policies and Deadlines

To ensure a smooth experience for all participants, please take note of our RSVP guidelines:

- Activities with an RSVP date – These events require confirmation at least **3 days before** the scheduled date. Please check the calendar for RSVP deadlines and let us know in time to secure your spot.
- All other activities and workshops – While these do not have a strict RSVP deadline, we still ask that you **let us know in advance** if you plan to attend. This helps us prepare and ensure everyone has the best experience possible.

Your RSVP allows us to coordinate transport, resources, and support needs to make each event enjoyable and accessible for all.

To confirm your attendance, please **contact your relevant Relationship Manager** or **call us at 1300 556 007** if you're new and would like to be part of our activities. We look forward to seeing you there!

Pick-Up and Drop-Off Times

Pick-up and drop-off times may vary depending on the distance between a participant's home and the activity location. For those who live farther away, support workers may need to arrive earlier for pick-up and drop them off later than the scheduled activity times.

Alternatively, participants have the option to be dropped off at the activity location and picked up by their parents or guardians at the conclusion of the event. We appreciate your understanding and flexibility in ensuring everyone can participate comfortably.

Join Us!

If any of these exciting activities interest you for the upcoming school holidays, please contact us as soon as possible to reserve your spot, as spaces are limited and filling quickly.

Don't miss out on these fantastic opportunities to learn, grow, and make new friends!
Feel free to reach out if you have any questions or need more information. We're here to help!



Contact Us!

1300 556 007

hello@highhopesservices.com.au

www.highhopesservices.com.au

