

Join us if you would like to engage with other High Hopes participants and support workers for a community engagement, learning recreational or developing your skills. Spots are limited, so be sure to reserve yours soon! Please note that weekday programs will only run if the required number of participants express interest.

AUGUST 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			 		1st 	2nd
3rd	4th 	5th 	6th  	7th	8th 	9th
10th	11th 	12th 	13th  	14th	15th 	16th
17th	18th 	19th 	20th  	21st	22nd 	23rd
24th	25th 	26th	27th	28th	29th 	30th

Our Clubs and Outings Focus on Building Skills Like:

Social Skills
Meaningful Friendships
Independence
Physical Fitness and Coordination

Pre-Booking Required*

*Minimum 3 business days' notice is required for cancellations of pre-booked activities. Where a participant cancels within 3 business days, does not attend, or withdraws after bookings have been confirmed, High Hopes Services may charge a Short Notice Cancellation fee in line with the current NDIS Pricing Arrangements and Price Limits, where the relevant support item allows cancellation claiming.

Activity Legend



HHS D&D Night

Join fellow adventurers for a relaxed night of Dungeons & Dragons and other games at HHS HQ. Grab some pizza, roll the dice, build your character, and enjoy a fun social evening with other D&D and over the table games fans.



HHS Swim Club

Come along to Casey RACE for a fun pool outing where you can enjoy the water, practise your swimming skills, meet new people, and hopefully make some new friends.



HHS Art Club

A participant-led creative session at HHS HQ. Enjoy snacks, connect with others, and try different art activities such as painting, drawing, clay work, paper mâché, and more.



Museum of Play and Art — MOPA

Join us for a fun and interactive visit to the Museum of Play and Art. Participants can explore creative spaces, enjoy hands-on activities, and connect with others in a playful and welcoming environment.



Caribbean Rollerama

Come along for a fun roller-skating outing at Caribbean Rollerama in Moorabbin. This is a great chance to try something active, build confidence, have a laugh, and spend time with friends in the community.



Moorabbin Air Museum

Explore the Moorabbin Air Museum and discover different aircraft, aviation history, and interesting displays. A relaxed community outing for participants who enjoy planes, history, or trying something new.



HHS Bowling Club*

Join the group for a fun game of bowling at a local bowling alley. A great chance to socialise, have a laugh, and build confidence in the community. Bowling is included. Meals are not included.



Community BBQ & Games

Come together for a relaxed community BBQ with food, games, and good company. This event is all about bringing participants, families, and the High Hopes community together in a fun and friendly way.